

SUP / KAYAK / DRAGON BOAT **WWW.ISLANDPADDLE.COM** 

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OPPORTUNITIES AVAILABLE IN SUGAR LAND AND EAST END HOUSTON

EMAIL DAVID@TEXASDRAGONBOAT.COM FOR MORE INFORMATION!





## WELCOME

Dear Friends.

On behalf of the Board of Directors of Texas Dragon Boat Association, we welcome you to the Galveston Island Dragon Boat Island Party. We have an exciting fun filled weekend planned for your enjoyment that will include SUP Paddling and Kayak activities on East Beach, our Dragon Boating on the shores of Moody Gardens, Cultural Arts Performers, live entertainment on our Main Stage at Moody Gardens, diverse merchants in our Vendor Zones, and unique food choices on East Beach as well as Moody Gardens. Our East Beach Ocean Fest is the 2nd stop of the Texas Paddle Racing Series for SUP. Island Paddle has a fun filled day on East Beach planned. The integration of dragon boat paddlers and paddlers from other genres has begun, and as always, Texas Dragon Boat Association is among the leaders in the effort.



We are excited and humbled at the growth of Dragon Boating over the years. Dragon boating only provides a unique teambuilding experience for the participants, but also an opportunity to enhance mutual understanding and friendly relations between China and the US and encourages dialogue between diverse cultures. The events hosted by our organization provide the dramatic spectacle of the racing experience, dynamic cultural arts entertainment with accompanying music, and family friendly activities. We are excited to be in Galveston and hope you enjoy the all the amenities that Galveston Island has to offer! We hope you will be inspired to participate as a paddler, steersperson, planning volunteer, and supporter of the Texas Dragon Boat Association as we work to promote the tradition of Dragon Boating, increase awareness of Asian-American culture, and enhance cross-cultural understanding.

## PADDLES UP!

## David M. Mandell

PRESIDENT/EXECUTIVE DIRECTOR, TEXAS DRAGON BOAT ASSOCIATION

# THANK YOU TO OUR HARD-WORKING COMMITTEE & BOARD

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## WHAT IS DRAGON BOAT RACING?

Dragon boat racing is the world's fastest growing water sport. It combines tradition with modern day teamwork, enthusiasm, and strategy.

## **HOW DO YOU DRAGON BOAT?**

We provide traditional Hong Kong style BuK Dragon Boats for our event. These boats measure 40 feet in length, 4 feet in width, and carry 20 paddlers, 1 drummer, and 1 steersperson. On average, these boats weigh 500 pounds.

Teams will race down a course ranging from 250m - 1000m on the day of the regatta. Teams are provided with practice sessions prior to race day.

No prior experience is necessary to race dragon boats! The important thing to have is a competitive spirit and the ability to work together as a team. Synchronicity is more important than strength.

# WHAT IS THE PURPOSE OF THE FESTIVAL AND REGATTA?

The purpose of the annual Dragon Boat Festival and Regatta is to promote the tradition and sport of dragon boat racing, sharing this dramatic aspect of Asian culture. In addition, the Dragon Boat Festival will showcase the remarkable renovations happening along our own Buffalo Bayou. Proceeds from the festival and regatta will go towards promotion of dragon boat racing in Texas and charitable activities. It is also a way of encouraging everyone to become more physically fit, while enjoying the outdoor opportunities of our city.

# WANT TO FIND OUT MORE ABOUT DRAGON BOAT RACING?

Looking for leadership and team building activities that focus on unique athletics and diversity. Dragon boat racing is a great way for corporations, organizations, and youth groups to get involved in a dynamic setting. We would love to come out and talk with your group about the rich tradition of the sport and discuss how you can get involved!

CONTACT EXECUTIVE DIRECTOR. **DAVID MANDELL AT** DAVID@TEXASDRAGONBOAT.COM

## STAY CONNTECTED!

WEBSITE: WWW.TEXASDRAGONBOAT.COM

FACEBOOK: /TEXASDRAGONBOAT TWITTER: @TEXASDRAGONBOAT



## **DRAGON BOAT TEAMS**



### ALL HANDS ABREAST

All Hands Abreast is a Year-Round Breast Cancer Team and a 501(c) (3) Texas Non-profit corporation whose mission is to honor the tradition of dragon boating and increase breast cancer awareness in the community while providing physical, emotional, and spiritual support on and off the water to survivors, caregivers, friends and supporters.



#### BEAST UNLEASHED HYDRA

We are an enthusiastic and diverse group who share a common paddling interest. We hope to inspire others through our energy, teamwork, and sportmanship. We offer year round practices for all beginners to intermediate level paddlers. Paddles Up!



#### CAJUN INVASION

Cajun Invasion was organized as Louisiana's first Dragon Boat Team in 2006. Our home is Lafayette, the heart of Cajun Country, but our membership has spread to include the entire state of Louisiana. We welcome survivors of all types of cancer, with an emphasis on breast cancer, and their supporters (male and female). Our mission is to raise public awareness about cancer and encourage a healthy lifestyle through the sport of dragon boating. We want to encourage all those living with cancer, honor the memory of those who lost their battle with the disease and empower all survivors to live life fully after diagnosis. More information can be found at www.cajuninvasion.org.



#### DUIC PINK

DUC PINK is the first and only Breast Cancer Survivor Dragon Boat Team in the Dallas/Fort Worth metroplex. Our team is made up of paddlers from ages 33 to 75 years old, with survivorship ranging from 21 years to women currently in treatment. With only 2 months of paddling experience, we won first place in the Women's Division at the DFW Dragon Boat Festival in May (ok, we only won because we were the Only women's team, so come out and challenge us next year!) Galveston will be our first "out of town" Dragon Boat Race, so we hope we all do not get lost. This Fall, the majority of our paddlers and other paddlers from the state, will represent the state of Texas at the Tampa Bay Dragon Boat Classic. Our long-term goal is to represent the state of Texas and be one of 166+ teams at the International Breast Cancer Paddler's Commission Dragon Boat Festival in Florence, Italy in 2018. So if you are a Breast Survivor Cancer in the great state of Texas, make plans to join a team in your area because you do not want to miss out on this opportunity!!



### HOUSTON CHINESE ALLIANCE

Houston Chinese Alliance (HCA), is a non-profit, non-PAC, volunteer based organization and was founded in February 2014. HCA is committed to safeguarding the rights and interests of all people, those of Chinese ethnicity in particular, in the greater Houston area, and to promoting their wellbeing and development in the United States. To this end, HCA will host lectures and forums for discussions on such topics as civil rights, current legal issues that impact the community, local security, and local and national elections. HCA will also facilitate the communications between the communities and their elected officials, promote the Chinese people's participation in all important local and national affairs to have their voices heard, and provide assistance and support to those in need. Contact us: hcatx2014@gmail. com www.hcaus.org



## HOUSTON CHINESE ALLIANCE - HIGH SCHOOLERS

Houston Chinese Alliance (HCA), is a non-profit, non-PAC, volunteer based organization and was founded in February 2014. HCA is committed to safeguarding the rights and interests of all people, those of Chinese ethnicity in particular, in the greater Houston area, and to promoting their wellbeing and development in the United States. To this end, HCA will host lectures and forums for discussions on such topics as civil rights, current legal issues that impact the community, local security, and local and national elections. HCA will also facilitate the communications between the communities and their elected officials, promote the Chinese people's participation in all important local and national affairs to have their voices heard, and provide assistance and support to those in need. Contact us: hcatx2014@gmail. com www.hcaus.org

The Texas Dragon Boat Association is a 501(c)(3) Texas non-profit corporation. Our mission is "To promote the tradition of dragon boating, increase awareness of Asian and Asian-American culture, and enhance cross-cultural understanding."

## **DRAGON BOAT TEAMS CONT'D**



#### ISLAND PADDLERS

SUP (stand up paddle) is the fastest growing watersport in the world. This sport allows a wide range of athletic types from beginner to seasoned pro to enjoy the rush of gliding on water, with most beginners getting the hang of it within 15 mins. SUP also has huge health benefit as well. This modern sport has its origin in the Hawaiian Islands when surfers would stand on their longboards and paddle out to distant outside reef breaks using outrigger paddles. In spite of its surfing origin, the sport is gaining tremendous popularity in more protected waterways and lakes. SUP's have been spotted around the globe, anywhere there is easy access to safe waters, as well as in surfing lineups.

The creators of Island Paddle LLC are all advocates of the protection of our beautiful ocean. They are surfers and SUPer's with family roots in Hawaii and other Pacific Islands, who understand the importance of keeping waterways protected so that the next generation can enjoy mother-nature's beauty.

#### **TPRS**



The Texas Paddle Racing Series (TPRS) Dragon Boat Team is made up of waterman from various athletic backgrounds. Most of the paddlers are Stand Up Paddle racers that are beginning to cross over into the dragon boat racing scene. The TPRS athletes are from different parts of the Texas region - i.e. Houston, Dallas, Austin, Galveston Island etc. Some members are recreational paddlers who share their love of the water and enjoy the camaraderie of the SUP community.

Competitive members of the TPRS Dragon Boat Team dedicate their time and energy to train in different watersport activities – surfing, surfski, prone paddling, canoeing, etc. The TPRS SUP racing series includes SUP racing on lakes, large rivers, canals and in ocean-open water. Stand Up Paddling is one of the fastest growing sports in the world, and the TPRS athletes have committed to growing the sport in the Texas region.

The founders of the TPRS are experienced waterman who love to share their knowledge, passion and lifestyle for the SUP sport with others. We welcome anyone who wants to join the TPRS Dragon Boat Team!

# **UPD**

#### UNIVERSITY OF HOUSTON - DOWNTOWN

The University of Houston-Downtown is an urban university located in the heart of our great city. Recognized as one of the most ethnically diverse liberal arts institutions in the southwest, UHD has a student body that reflects the Houston community's wealth of cultures, languages and nationalities.

We are proud to field a team in the 16th Annual Dragon Boat Festival, as this event represents the collaborative, community-centered principles that we focus on in everything we do. Go Gators! #WeAreGators





## FRIDAY SCHEDULE

# LOCATION: MOODY GARDENS PACKET PICKUP/REGISTER

2:00PM - 5:00PM Staff / volunteer setup @ Moody Gardens

4:00PM - 6:00PM Open practices for dragon boats / kayaks / SUP

**6:00PM - 9:00PM** Packet Pickup & Registration

Bands on the Sands - Live Music & Entertainment

9:00 PM - 9:30 PM Fireworks







# SATURDAY SCHEDULE

# LOCATION: EAST BEACH SUP RACES

**7:00AM** Volunteer briefing

7:00AM - 8:30AM Sponsorship & Vendor booth setup

**8:00AM** Staff race course set up / buoy setup

8:00AM - 9:15AM Registration / Packet - pickup (Registration closes 9:15am sharp)

9:00 PM - 9:30 PM Welcome Intro / Safety Briefing / National Anthem

9:20AM Water staff / volunteers take positions

9:30AM 5K SUP RACE

10:15AM 5K KAYAK RACE

10:45AM - 11:00AM 1K FUN K SUP

**10:30AM** Hula show / Live entertainment

11:30AM - 12:00PM Kayak Dash-for-Cash Race

12:00PM - 12:30PM SUP Dash-for-Cash Race

12:30PM - 1:30PM Awards / Closing ceremony / Beach Clean-Up

6:00PM - 10:00PM AFTER PARTY AT MOODY GARDENS

Bands on the Sands / Fireworks / Water Park

Vendors & Sponsors are encouraged to arrive between 7:00am-8:30am.

We cannot provide tents, chairs, tables. We do have limited space underneath our main tent area if you do not have a tent. There is limited electrical access (via generator), please let us know in advance if you will need power.

Designated Vendor / Sponsor spaces are first come first serve. Competitor team tents will also be the same area, so vendors can get the most exposure.

There will be no parking in event area. There is parking available via public beach access which is free, but fills up quickly. The main parking area is available via East Beach State Park entrance for a fee (approx \$8 per vehicle) can use PayByPhone app with location 5004 (see attached picture for layout).

Alcohol is permitted, no glass containers. We will have free water / gatorade available via coolers. BBQ sandwiches / hot dogs are available via cash donation.



## SUNDAY SCHEDULE

## LOCATION: MOODY GARDENS DRAGON BOAT RACES

7:00AM Staff / volunteer setup: course / marshaling / safety

8:30AM Captain's Meeting at the Information/Registration Area

9:00AM - 9:30AM Welcome Intro / Safety Briefing / National Anthem

Awakening the Dragons

9:30AM Volunteer / Staff / Safety take positions

**DRAGON BOAT RACES START** 

**11:00AM - 2:00PM** "Paddle for a Purpose" SUP yoga & Raffle: benefiting the Mauli Ola Foundation

11:00AM - 3:00PM Live Music & Entertainment "COLONEL PETER'S PIG BAND"

**4:00PM** Dragon Boat race awards



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